

SWCRC - SECOND FLOOR PLAN

6. FITNESS AREAS / PODS

- Five different fitness areas to allow for a variety of equipment, stretching, or program configurations.
- Mondo or Robbins type sports surface to protect the floors from dropped weights.
- Aerobics studio to have sprung floor and natural west facing daylight.
- Fitness area to have east and south daylight exposure as well as views into the social heart, flexihall and aquatics areas.

7. RUNNING / WALKING / JOGGING TRACK

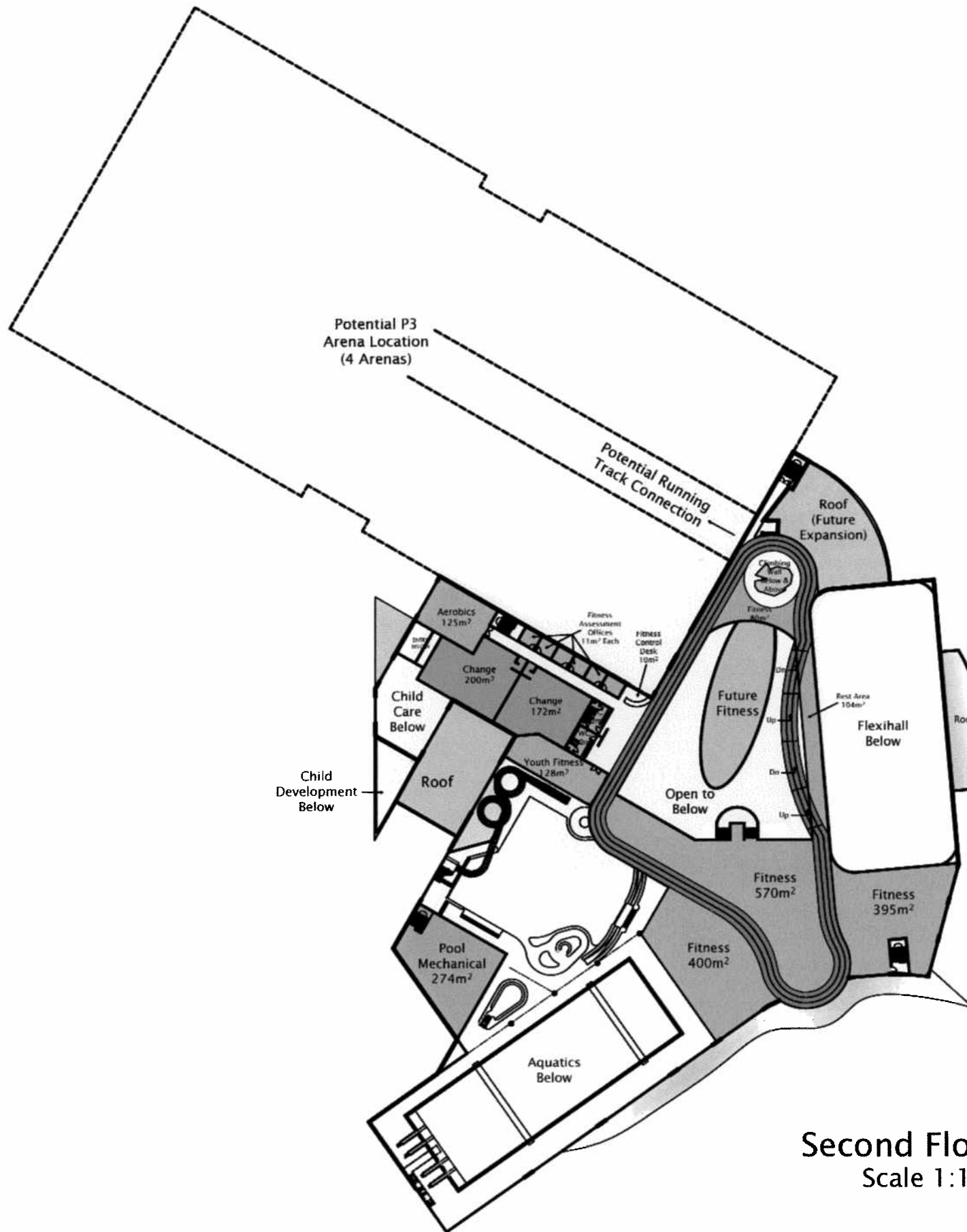
- A three-lane +/- 225m walking/jogging track which partially divides the fitness areas into pods and provides users with a variety of distance options and a stretch of undulating rises.
- The P3 component could allow for the future extension of the track at the upper level.
- Good quality walking/jogging surface.
- Views into the aquatics and flexihall areas as well as around the climbing wall and views towards the downtown of Edmonton.

8. CHANGE ROOMS

- Individual, half height lockers

9. ASSESSMENT / ADMINISTRATION SPACE

- Offices for fitness and administration staff to use for one-on-one consultation and assessment meetings.
- Control desk on second level is located next to the change rooms and youth fitness areas to immediately help visitors as well as have a clear view across the fitness area to monitor use of the facility.



Second Floor Plan
 Scale 1:1000